



CLAIR-CENTERED COMMUNICATIONS

Waiver of Liability

I release CLAIR-CENTERED COMMUNICATIONS LLC and Yoga & Energy Facilitator, Christina Boland, from any responsibility and/or liability concerning the application, processing, and/or consequences of yoga, pranayama, meditation, Ayurveda, and/or intuitive energy work and all instruction, guidance, and/or teachings that I freely elected to participate in, to include, but not limited to, in-person, off-site, or online participation. I consent that I have the above-described yoga or energy service(s) of my choice applied.

I understand and accept the risks of physical body, emotional spirit, mental undertakings, and/or any ailments, injuries, or consequences associated with bodily compression, stretching, and twisting to include falling, migraine, emotional or spiritual distress, an increase or decrease in any bodily system (ex. cardiovascular, respiratory, digestive, nervous system functions, etc.), and all other unforeseen physical, emotional, spiritual, and/or mental consequences. I release CLAIR-CENTERED COMMUNICATIONS, LLC, its employees, and its agents harmless against any and all liability, damage, and/or expenses arising out of, or in connection with actions, claims, and/or damages resulting in personal injuries and disabilities (physical, psychological, and/or spiritual) or transmission of a communicable disease that might incur as a result of the services provided. I agree to voluntarily participate understanding these risks and their outcomes.

I affirm that I understand the above-described activities and that I am healthy enough to participate.

By clicking this link during checkout, you confirm that you have read and give consent to this agreement.

Christina Boland
CLAIR-Centered Communications, LLC



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Terms of Service

EXPECTATIONS:

Please honor our time together and arrive on time. I will record our session and will send you the link. If you want to keep the video, please download it to your favorite device as it will be automatically deleted approximately two weeks after your appointment. Your session and your video are for YOU alone. Please do not share the video, or any portion of it, publicly and/or through any sharable social media outlet.

I respectfully ask that 24-hours prior to our reading you abstain from any mind-altering substances. This ensures that I am only connecting to your natural vibration. One alcoholic beverage the night prior and/or caffeine the morning of our appointment is acceptable. Please continue to take all medication as prescribed by your physician.

CONFIDENTIALITY:

CLAIR-Centered Communications, LLC values and respects your right to privacy, and we ask you to respect ours. We will not disclose, use, offer or sell (to third parties) any confidential information that we learn during our work together without your consent. CLAIR-Centered Communications, LLC asks that you also value, respect, and treat all confidential information you learn about other clients or group members private, and that you do not disclose any such information without consent from the disclosing party. "Confidential Information" includes any information you disclose to us while working together. It does not include information that 1.) is or becomes available to the general public, 2.) is already known to us before you disclose it, or 3.) that we rightfully receive from a third party.

INTELLECTUAL PROPERTY:

Regardless of copyright status, all materials—verbal, written, or videoed—provided to you by CLAIR-Centered Communications, LLC, are solely for your use, and you are not authorized to share, copy, distribute, or disseminate this material without prior written authorized consent. All intellectual property and materials in all forms are the sole property of CLAIR-Centered Communications, LLC.

Christina Boland
CLAIR-Centered Communications, LLC

CANCELLATIONS, LATE ARRIVALS or NO-SHOWS:

Emergencies happen. If you need to cancel or reschedule due to an emergency, please take care of yourself first and reach out as soon as possible. If you need to cancel or reschedule for any other reason, please do so a minimum of 24-hours prior to your appointment. You can cancel or reschedule through your Client Portal or via email: c3@clairfully.com.

If you are running late and/or have connectivity issues, please reach out through your Client Portal or via email: c3@clairfully.com, otherwise, I will automatically terminate our session 10-minutes past the start time.

DISCLAIMERS:

CLAIR-Centered Communications, LLC is not counseling, psychotherapy, psychoanalysis, nor is it for the diagnosis or treatment of any medical issue, physical or psychological. You acknowledge that our services are no substitution for medical treatment—physical or psychological—and that you will seek appropriate medical services if needed. During any session, if you pose a threat or danger to yourself or others, CLAIR-Centered Communications, LLC will report your status to the appropriate authorities for the safety of all beings involved.

Non-Disparagement: CLAIR-Centered Communications, LLC mentorship services may involve gentle challenges to positively impact your growth. It is never our intention to trigger negative thoughts, feelings, or beliefs. If this situation occurs, you agree to be communicative, open, honest, and respectful to us and, if it is appropriate, to process this information and either terminate services or to accept the challenge to dive deeper into your growth. If a dispute arises, you agree to neither publicly or privately disparage our company, its employees, or services, or to communicate with third parties (to include social media) in any capacity that will negatively impact or harm our company, its employees, guests, or other clients.

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